

Drivers: Stay Alert and See Everyone

According to AAA, taking your eyes off the road for just two seconds doubles your risk of getting into a crash. Driving is a full-time job requiring your full attention. Daylight savings is over, which means it's getting darker earlier, so keep your eyes peeled for pedestrians and cyclists at night.

1. Make awareness your top priority: scan the road, use your mirrors, notice pedestrians and cyclists.

2. Before or after, but not during. As a general rule, if you cannot devote your full attention to driving because of some other distracting activity, take care of the other activity before or after your trip, not while behind the wheel.

3. Enlist your copilot. If you are with a passenger, ask for the passenger's help to carry out activities that would otherwise distract you from driving safely.

4. Eyes on the road, hands on the wheel. Never use a cell phone, send texts or emails, play video games or surf the internet with a wireless device while driving. If you need to make an urgent call or send an important email, pull over, otherwise, IT CAN WAIT.

Want more information? Look at these other pages for more information on being seen at night.

[Be Seen. Be Safe.](#)

[Bike Brightly. Bike Safely](#)

[Be Seen Walking or Jogging](#)

[Be Seen Skateboarding](#)

[Be Seen Riding Transit](#)